FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Larsen Kendall					2. Issuer Name and Ticker or Trading Symbol VirnetX Holding Corp [VHC]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner						
(Last) C/O 308	(Fi	First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 02/05/2019										fficer (give title		Othe belov	r (specify v)
(Street) ZEPHYR COVE NV 89448				4. If .	If Amendment, Date of Original Filed (Month/Day/Year) C. Individual or Joint/Group Filing (Cl Line) X Form filed by One Reporting Form filed by More than On										orting Pe	rson			
(City)	(St		Zip)												Perso				
Table I - Non-Deri 1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)			on 2 F Year) i	2A. Deemed Execution Date,		3. Transac Code (In 8)	tion	sposed of, or Benefi 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, and 5)			or	5. Amour	Amount of ecurities eneficially wned		Direct ct (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount	(A) or (D)	Price	!	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(moa. 4)		
Common Stock 02			02/05/20	19			M ⁽¹⁾		75,000	A	\$1.	15	6,404,710		D				
Common	Stock			02/05/20	19				S ⁽¹⁾		75,000	D	\$4.8	9(2)	6,329	,710		D	
Common Stock														523,	119			By: Spouse	
Common Stock														613,	530		I	By: The Kathleen Sheehan Revocable Trust dtd 2/5/2009	
Common Stock													300,000		000	I		By: The K2 Investment Fund LLC	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, Trans rity or Exercise (Month/Day/Year) if any Code			Transa Code (I	saction de (Instr. Securit Acquir (A) or Dispos of (D) (Instr. and 5)		curities quired or posed D) str. 3, 4	6. Date I Expirati (Month/	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				9. Numb derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	es ally g d ion(s)	10. Ownersh Form: Direct (D or Indire (I) (Instr. 4)	Beneficial Ownership	
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amou or Numb of Share	er					
Stock Option (Right to Buy)	\$1.15	02/05/2019			M ⁽¹⁾			75,000	(3)		04/02/2019	Common Stock	75,00	00	\$0.00	285,4	25	D	

Explanation of Responses:

- 1. The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. Sale prices ranged from \$4.72 to \$5.14 per share. Sale price listed represents the weighted average sale price of all 75,000 shares sold. Upon request by the Commission staff, the Issuer, or a security holder of the Issuer, the Reporting Person will provide full information regarding the shares sold at each separate price.
- $\ensuremath{\mathsf{3}}.$ The shares subject to the option are fully vested and exercisable.

Remarks:

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.