FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Larsen Kendall (Last) (First) (Middle) C/O 308 DORLA COURT				_	2. Issuer Name and Ticker or Trading Symbol VirnetX Holding Corp [VHC] 3. Date of Earliest Transaction (Month/Day/Year) 03/19/2020								Relationship of Reporting Person(s) to Issuer theck all applicable) X Director X 10% Owner X Officer (give title below) President & CEO					
(Street) ZEPHYF (City)	ZEPHYR COVE NV 89448							Li	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person									
				Transact te	ction 2A. Deemed Execution Date,		3. Transa	action	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		ed (A) or str. 3, 4 ar	or 5. Amou Securitie Benefici Owned F		unt of ies For (D) (I) (Following ed ction(s)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
(e.g., p 1. Title of Derivative Conversion Security or Exercise (Month/Day/Year) (e.g., p 3. Transaction Date Execution Date, if any			g., put	ts, calls, warrants, 5. Number 6 nsaction of E			6. Date Expiration	uired, Disposed of, , options, convertible 6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Pr Deri	ice of vative irity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Cod	e V	(A)	(D)	Date Exercisal		Expiration Date	Title	Amoun or Numbe of Shares	r					
Stock Option (Right to Buy)	\$5.63	03/19/2020		A		35,000		(1)		03/19/2030	Common Stock	35,00	0 \$0	0.00	35,000)	D	
Stock Option (Right to Buy)	\$5.63	03/19/2020		A		35,000		(1)		03/19/2030	Common Stock	35,00	0 \$0	0.00	35,000)	I	By: Spouse

Explanation of Responses:

1. The Shares underlying this Option shall vest and become exercisable in accordance with the following schedule: 1/48 of the total number of Shares subject to the Option shall vest and become exercisable on the one- month anniversary of the grant date, and 1/48 of the total number of Shares subject to the Option shall vest and become exercisable on each monthly anniversary thereafter, so long as the individual's continuous status as a Service Provider (as defined in the Company's 2013 Equity Incentive Plan (the "Plan")) has not terminated prior to each such date. If a Change in Control (as defined in the Plan) occurs, all of the Shares underlying this Option then unvested as of the date of the Change in Control, will vest and become exercisable immediately prior to the consummation of the Change in Control transaction.

Remarks:

/s/ Kendall Larsen

03/23/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.